



Name: _____ Date: _____

RECORD FUN!

What is a record? You might know a few different kinds of records.



Records that play music (Ask a parent or grandparent about these!)



Attendance record



Records that can be set or broken (highest jump, longest throw, fastest run, etc.)

Have you ever set or broken a record? It might be a personal record. For example, if you have trouble remembering to brush your teeth at night, maybe you remembered for six nights in a row without being reminded. That's a record! Or if you got your highest grade ever in a class or subject, you broke your own record! We all have a record inside of us.

What kind of record would you like to break? Why? Explain your answer in a short paragraph.

(Do not try to set or break a record on your own. If you want to try to break a personal record, like getting your highest grade ever or brushing your teeth for as many nights in a row as possible, talk with a parent or guardian first and follow their guidelines.)